

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carstens Mphelo

Has successfully participated & completed the

21km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 02:23:13

PACE 06:48/km

OVERALL 241 of 530

16 February 2019, Sat

Date

GENDER 189 of

324

50+ 30 of 54



Signature

